



INTERNET SAFETY PLEDGE LEVEL I



- I spend time with my friends and family without technology, media, or screens.
- I keep a list of my favorite things to do without technology.
- I take regular breaks from screens to keep my body strong.



- I respect the creative property of others by using legal websites to watch TV and movies or listen to music.
- I cite my sources when using others' content or information in a school project.



- I protect my privacy. I share my personal information (like my age, full name, address, phone number, name of school, passwords, or images) online only with my parents permission.
- I get permission before making a login for an online game or website.



- I post things that create a positive reputation.
- I know that nothing online is private.



- I am kind online, and offline.
- I take 10 deep breaths before posting something when I feel angry or



- I share my passwords only with my parent.
- I only open links that I recognize.

My Name: _____

My Signature: _____

