

# Post a status update, comment, image or video...

Does this post reveal my address, phone number, passwords or birth date? (Ex: "My b-day is in 3 more days - woot woot!")

NO

Great! You know how to protect your privacy like a pro.

YES

Remove identifying information so your privacy remains protected from cyber thieves.

Does this post include graphic (i.e., sexual or inappropriate) language, gestures or imagery? (Ex: nudity, middle fingers, drug use and cursing.)

NO

Keep it up! You have only one online reputation - keep it clean. Your future will thank you.

YES

Remove graphic content. Your content has a shelf life of forever once it's posted.

Does this post embarrass or harass a person or a group of people? (Ex: making offensive comments or engaging in negative parodies of a religion, race, ethnicity, gender, sexual preference or identity, disability or socio-economic status.)

NO

Smart move. Posting disrespectful content hurts others and will get you into trouble in the long run.

YES

Don't get caught up in "keyboard courage" - remove mean. Post an appreciation for a friend or relative instead.

Does this post help spread a rumor? (Ex: "Just found out the real reason why Jen dumped Kevin... anyone else know? ;)")

NO

Wise decision. Spreading gossip online only creates drama.

YES

Instead, share a positive post about someone else. (Ex: "Shout out to the football team for owning the field and slaughtering our rivals!")

Does this post share intimate or insecure thoughts and feelings? (Ex: "Sometimes it feels like everybody hates me.")

NO

Excellent! You know better than to tempt online haters.

YES

Remove the overshares. Posting insecurities could catch a cyberbully's eye.

**POST IT!**

